# WINTER SURVEY



2025

How participants rated their enjoyment of winter on a scale of 1 to 5





1,009

**Participants** 

Take a look at

what participants.

had to say about their winter seasonal plans and how they stay busy during this time of year.

#### Partcipants favorite things about winter



Enjoying the snow



Winter activities like skiing



Cozying up by a fire

Where you live, is it common for it to snow regularly in the winter?



89% said YES

#### Favorite Outdoor Winter Activity

- 1. Going for a walk
- 2. Sledding
- 3. Skiing



#### **Favorite Indoor Winter Activity**

- 1. Watching a movie
- 2. Reading
- 3. Board Games

#### Favorite Winter Comfort Foods

- 1. Soup
- 2. Chili
- Z. CI IIII
- 3. Mac and Cheese

## Favorite Winter Drink

- 1. Hot chocolate
- 2. Tea
- 3. Coffee



# Do you prefer snowy or mild winters?

61% Mild





39% Snowy





### Time spent outdoors during winter months on average

61% Less than an hour 30% 1 - 2 hours

9% More than 3 hours



#### Favorite winter sport or recreational activity

- 1. Skiing
- 2. Sledding
- 3. Ice Skating



How participant's physical activity level changes during the winter months

61% Decreases

35% Increases



4% Stays the same



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